



CAC MENU MARCH 2025
CHETCO ACTIVITY CENTER NUTRITION PROGRAM
550 CHETCO LANE, BROOKINGS, OR

541-469-

Meals include:
Drinks—Coffee, Tea (hot or iced)
Milk, Water
Salad, dessert

Meals Cost
\$10.00 to
Prepare
If you are over
60, please
Donate what
you can

Menu is subject
to change
without
notice.

SALAD SERVED—11:15
MAIN COURSE—11:30

Mon	Tue	Wed	Thu	Fri
3 Vegetarian Spaghetti Breadsticks Green Beans	4 Mardi Gras Chicken Gumbo Soup Cajun Chicken San. on a Hoagie Roll	5 Beef Tips Gravy Buttered Noodles Chef's Blend	6 Dijon Crusted Fish Mac N' Cheese Peas	7 Cheeseburger On a Bun, Lettuce, Tomato, Onion Baked Fries
10 Cheese Ravioli Mushroom Alfredo Sauce Breadsticks Italian Blend	11 BBQ Chicken Rice Pilaf Green Beans	12 Chef's Salad Crackers Mandarin Oranges	13 Italian Baked Fish Baked Tater Tors Chef's Blend	14 Chili Mac Cornbread Carrots
17 St. Patrick's Day Corned Beef & Cabbage Boiled Red Potatoes Carrots	18 Ruben on Rye Vegetable Soup	19 Slow Roasted Beef Mashed Potatoes Gravy Chef's Blend	20 Tuna Casserole Biscuit Seasoned Beets	21 BBQ Beef on a bun Baked Beans Peas
24 Vegetarian Chili Cornbread Fiesta Corn	25 Beanie Weenies Baked Fries Mixed Vegetables	26 Spaghetti with Meat Sauce Breadsticks Broccoli	27 Lemon Baked Fish Brown Rice Peas & Carrots	28 Turkey Stuffing Mashed Potatoes Gravy Green Beans
31 Chef's Surprise				