

CAC JANUARY 2025

CHETCO ACTIVITY CENTER
NUTRITION PROGRAM
550 CHETCO LANE, BROOKINGS, OR
541-469-6822

Menu is subject to change without notice.

Meals include:
Drinks—Coffee, Tea (hot or iced)
Milk, Water
Salad, dessert

SALAD SERVED—11:15 MAIN COURSE—11:30 Meals Cost \$10.00 to Prepare If you are over 60 please donate what you can

Mon	Tue	Wed	Thu	Fri
		CLOSED HAPPY NEW YEAR	2 LEMON BAKED FISH BAKED BEANS CORN	3 CHICKEN CORDON BLEU SCALLOPED POTATOES BEETS
6 CHEESE RAVIOLI BREAD STICKS ROASTED VEGGIES	7 MEATBALL SOUP PIMENTO CHEESE SANDWICH	8 SWEET & SOUR PORK FRIED RICE STIR FRY BLEND	9 HERB BAKED FISH CHEESY MASHED POTATOES PEAS	BBQ CHICKEN LOADED POTATO SKIN CHEF'S BLEND
VEGERTARIAN CHILI CORNBREAD FIESTA CORN	14 CHICKEN AND DUMPLING SOUP B.L.T.	SPAGHETTI AND MEATBALLS BREAD STICKS GREEN BEANS	16 PARMESAN BAKED FISH MAC & CHEESE VEGETABLE BLEND	17 HONEY BAKED HAM SCALLOPED POTATOES BROCCLI
20 HAM & CHEESE FRITTATA BISCUIT BAKED APPLES	21 VEGETABLE SOUP SLOPPY JOE	MEATLOAF CHEESY MASHED POTATOES CHEF'S BLEND	23 HAWAIIAN BAKED FISH TUMERIC RICE PEAS & CARROTS	SMOTHERED CHICKEN CHIMICHANGAS SPANISH RICE REFRIED BEANS
KIELBASA AND SAUERKRAUT MAC & CHEESE ROASTED VEGGIES	28 SPLIT PEA SOUP WITH HAM GRILLED CHEESE SANDWICH	TACO SALAD CHIPS SALSA	30 ITALIAN BAKED FISH NOODLES ROMANOFF CALIFORNIA BLEND	TURKEY STUFFING MASHED POTATOES GRAVY GREEN BEAN CASSEROLE